HIP SURVEY

st Name				First Na	me							
CURRENT PRO	BLEM											
Is your problem in	n the:	Right hip		Left hip	I	Both hip	os					
When did the pro	blem star	t?]	Did it sta	rt:	Gradually	S	uddenly		-	
Is your problem g	etting:	Worse	I	Better	Stayin	g the sa	me		•			
Was this a result of	of an inju	ry? Y	es	No								
Rate the overall	conditio	ı of your hi	ip at t	he prese	nt time.	Check	only <u>one</u> b	ox belo	w.			_
0 cannot perform daily activities	1	2 poor	3	4 fair	5	6 good	7	8	9	10 normal		
	fair- Hay good- Ha normal/	ave significate we moderate have some limexcellent- Ab	limitati itation ole to c	ions that a s with spo lo whateve	ffect activorts but I cer I wish (ities of o an partio any spo	daily living, cipate; I com	no sport				
Rate the function	-		-				_			4.0		
0 cannot perform daily activities	1	2 poor	3	4 fair	5	6 good	7	8	9	10 normal		
AIN QUESTION	<u>s</u>											
Are you having pa	ain in you	ır hip?	Yes	No	L	ocation	of pain:	Fr	eep/ groin ont/ thigh uter side			
How often do you	experier	ice pain?	Ne	ever	Monthly	y	Weekly	Dail	y A	lways		
How long can you	ı lay on th	e affected h	ip at n	ight befo	re needin	g to cha	ange positio	n due t	o groin pa	nin?		
How long can you	ı sleep on	your stoma	ch at n	night befo	ore chang	ing posi	tions due to	pain?				
Describe your pai	n (check	one):		Do vo	ou have a	eliek r	oop or catch	ı in vou	r hip?	Yes	No	
Constant		,		20 90	u mare u	J	op or curc r	y 0 u	p.:	100	110	
Comes a	nd goes											
For office use only	,											_
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Hip Outcome Score

Please answer <u>every question</u> with <u>one response</u> that most closely describes to your condition within the past week.

If the activity in question is limited by something other than your hip mark <u>not applicable</u> (N/A).

Activities of Daily Living subscale

Activities of Daily Living Sut			r			
	No difficulty at all	Slight difficulty	Moderate difficulty	Extreme difficulty	Unable to do	N/A
Standing for 15 minutes						
Getting into and out of an average car						
Putting on socks and shoes						
Walking up steep hills						
Walking down steep hills						
Going up 1 flight of stairs						
Going down 1 flight of stairs						
Stepping up and down curbs						
Deep squatting						
Getting into and out of a bath tub						
Sitting for 15 minutes						
Walking initially						
Walking approximately 10 minutes						
Walking 15 minutes or greater						

Because of your hip how much difficulty do you have with:

	No difficulty at all	Slight difficulty	Moderate difficulty	Extreme difficulty	Unable to do	N/A
Twisting/pivoting on involved leg						
Rolling over in bed						
Light to moderate work (standing, walking)						
Heavy work (push/pulling, climbing, carrying)						
Recreational activities						

How would you rate your current level of function during your usual activities of daily
living from 0 to 100 with 100 being your level of function prior to your hip problem and
0 being the inability to perform any of your usual daily activities?

Sports subscale

Because of your hip how much difficulty do you have with:

Because of your nip now muc	in unincurty	uo you nav	C WILLI.			
	No difficulty at all	Slight difficulty	Moderate difficulty	Extreme difficulty	Unable to do	N/A
Running one mile						
Jumping						
Swinging objects like a golf club						
Landing						
Starting and stopping quickly						
Cutting/lateral movements						
Low impact activities like fast walking						
Ability to perform activity with your normal technique						
Ability to participate in your desired sport as long as you would like						

How would you rate your current level of function during your sports related activities
from 0 to 100 with 100 being your level of function prior to your hip problem and 0 being
the inability to perform any of your usual daily activities?

How would you rate your current level of function?

Normal Nearly normal Abnormal Severely abnormal

CURRENT HEALTH ASSESSMENT

health is:	d you say your						do during a ty If so, how mu	
	Excellent		Does your ne	with HOW HIIII	i you iii iiics	c activities!	11 50, 110 W III	.VII:
	Very Good				•	Yes, limited	Yes, limited	No, not limited
	Good					a lot	a little	at all
	Fair						. —	
Poor			Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf					
			Climbing seve	ral flights of sta	airs			
During the past 4 we problems with your							had any of the	e following ctivities as a resu
result of your physic	al health?	Yes	No	of emotion	al problems	(such as fee	eling anxious o	or depressed)? Yes No
Accomplis	shed less than you w	ould like			Accomplis	shed less than	you would like	;
Were limited in the k	ind of work or other	activities		Didn't do v	vork or other	activities as	carefully as usua	al
hangarrants)2		Quite a bit			. -			
housework)?	Not at all A little bit Moderately	Extremely						
These questi	A little bit Moderately ions are about how the one answer tha	Extremely you feel and had to comes closes	t to the way yo	ou have been f	feeling. How	much of th	e time during	
These questi please give t	A little bit Moderately ions are about how the one answer tha	Extremely you feel and h	t to the way you Most of	ou have been f A good bit		much of th A little of	e time during None of	
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These questing please give to last 4 weeks Have you fel Did you have Have you fel During the pass social activities	A little bit Moderately ions are about how the one answer that t calm and peaceful e a lot of energy? t downhearted and the company of the	Extremely you feel and heat comes closest All of the time closest All of the time closest comes closest and heat comes closest to fine time to fine time to fine time	has your physetc.)?	A good bit of the time	Some of the time	A little of the time	None of the time	our
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These questing please give to last 4 weeks Have you fel Did you have Have you fel During the pass social activities	A little bit Moderately ions are about how the one answer that t calm and peaceful e a lot of energy? t downhearted and the company of the	Extremely you feel and heat comes closest All of the time closest All of the time closest comes closest and heat comes closest to fine time to fine time to fine time	has your physetc.)?	A good bit of the time	Some of the time	A little of the time	None of the time	our